

Carrier Alert

Are you living alone and worried about getting help if you're in distress? Are you concerned about an older friend or loved one who lives alone?

Carrier Alert is a free program available to seniors and people with disabilities. It is especially useful to those whose only daily contact with people is the letter carrier delivering their mail.

United States Postal Service letter carriers are trained to identify signs of distress, like an accumulation of mail, and quickly seek help at the first sign of trouble.

How Does It work?

After your confidential registration is processed, you will receive a confirmation letter from United Way 2-1-1, who will also notify your letter carrier to place a United Way/Carrier Alert sticker inside your mailbox. If the monitoring letter carrier observes signs of distress, the following occurs:

- The postal service will notify United Way 2-1-1.
- United Way 2-1-1 staff will attempt to contact you by phone.
- If you cannot be reached, they will call the contact person(s) identified on your registration form.
- If no one is reached, the local police will be notified to ascertain your condition and whereabouts, which may result in a forced entry to your home.

How Can I participate?

For more information and a registration form call United Way 2-1-1 (cell phone: 651-291-0211, or e-mail: carrieralert@unitedwaytwincities.org).

Carrier Alert is provided by the United Way and United Way 2-1-1, the National Association of Letter Carriers, and the United States Postal Service.

Your letter carrier
wants to help you